

CAVALIER CONNECTION

March, 2011

www.bedford.k12.va.us/jfhs

From the Principal

The Technology Committee has been busy at Jefferson Forest this year. Their first task was to assess school needs and to decide what resources should be added. After gathering this information, a technology plan was developed outlining equipment needs and providing a timeline for implementation of the plan. During the 2010-11 school year, all classrooms received mounted LCD projectors to enhance instruction. The school purchased twenty-five iPads which can be checked out of the library for use in teachers' classrooms for research. Numerous document cameras and flip cameras have also been purchased for teacher use. The next major push is to equip all of the classrooms in the renovated portion of the school with flat screen televisions. The math/science building received these at the time of construction.

Bedford County Schools has posted its strategic plan on the county website. One portion of this plan is to move toward a blended instructional model. In this model, technology is a key component. Our goals at Jefferson Forest are linked to this concept, so that we can provide quality instruction for all students. I look forward to the opportunities that technology offers our students and staff.

Sincerely,

Tony Francis

Important Dates

March 12	SAT at JFHS
March 14	7 th Week Interims for 3 rd 9 Weeks Go Home
March 15	State Wide Tornado Drill
March 16	Final Ring Money Collection – Library – During Lunches
March 17	Club Day/Senior Breakfast During A Club
March 19	AP Math Prep Session at JF – 9:00 a.m.-3:00 p.m. Ring Dance – Cafeteria – 8:00 p.m.-11:30 p.m.
March 21	Ring Problems Addressed – Library – During Lunches
March 26	AP Science Prep Session at JF – 8:00 a.m.-3:00 p.m.
March 28	End of 3 rd 9 Weeks/2-Hour Early Dismissal
April 2	AP Math Prep Session at JF – 9:00 a.m.-3:00 p.m.
April 4	Report Cards Go Home

Marketing Students Win Big at States

By Mike Hoisington

The JFHS Marketing students have returned from the state competition in Norfolk where over 2,500 competed and attended leadership academies. The students competed in several categories many of which had over 50 competitors per event category.

JF students won in seven of twelve event categories; many of them are now eligible to compete at the International Career Development Conference in Orlando, Florida, in April. Our JFHS students have worked hard and did very well; please congratulate them!

DECA / Marketing Individual Event Competitions:

Food Marketing Services Individual Event

State Winner -- Impromptu Business Presentation 1

State Winner -- Impromptu Business Presentation 2

Virginia State Finalist:

(*Qualifies for National Competition)

***Emily Trent**

Marketing Management Individual Event

State Winner -- Individual Test

State Winner -- Impromptu Business Presentation 1

State Winner -- Impromptu Business Presentation 2

Virginia State Finalist:

(*Qualifies for National Competition)

***Cristina Swigart**

Apparel and Accessories Individual Event

State Winner -- Individual Test

Jacey Cox

DECA / Marketing Team Decision-Making Event Competitions:

Buying and Merchandising Team Decision-Making Event

State Winners -- Team Impromptu Business Presentation

Virginia State Finalist:

(*Qualifies for National Competition)

***Andrew Alvarenga**

***Chad Hicks**

Hospitality and Tourism Team Decision-Making Event

State Winners -- Team Impromptu Business Presentation

Lauren Conner

Katelyn Ray

DECA / Marketing Principles Individual Event Competitions:

Principles of Finance Individual Event

State Winner -- Individual Test

RJ Goodwin

Principles of Business Administration Individual Event
State Winner -- Impromptu Business Presentation

James Cote

High Scores were earned by:

Communications Event
Impromptu Business Presentation

Tiara Vaughter

Quick Serve Restaurant Management Event
Impromptu Business Presentation 1

Logan Evans

PTSA Announces Reflections Winners

Congratulations to the following winners of this year's REFLECTIONS CONTEST!!
They will be honored at a banquet March 29 at Bedford Elementary School.

Music – 2nd Place - **Connor Brown**

Film - 1st Place - **Roxanna Hasanat**

2nd Place - **Rodolfo Barrett**

Photography – 2nd Place – **Brandon Coles**

Visual Arts – 2nd Place – **Chad Gottuso**

Continue to eat more pizza at UPPER CRUST pizza, and support the JF PTSA. Don't forget to drop off your punched cards in the box in the school office. We will not get the \$1 donation per punch without the cards. If you need more cards, they have them at Upper Crust. Thank you for supporting our Family and Friends Night Out at a Forest area restaurant. Look for emails and signs telling when and where the next one will be. Visit the PTA website www.pta.org to learn of programs, legislative updates, and lots of good information.

9 Young Authors Advance to County Level

Congratulations to the following students who placed in the JF Young Authors Literary Contest. Their works have been sent on for county judging.

12th Grade Story

Tyler Mullins
Da In Yoo
Paul Zivick

12th Grade Poetry

Taylor Cox
Nick Garfield
Jon Lively

11th Grade Essay

Zoey Dorman
Hadley Fields
R.J. Goodwin

Winners Announced in JF's First Art Show

By Pat Lester

The winners of the first Jefferson Forest High School art show, which was held February 17-20 in the auditorium lobby, are as follows:

Painting:

1st Place: **Katelyn Jones** for her work entitled "Herman"

2nd Place: **Roxana Hasanat** for "Soulless Beauty"

Tie for 3rd Place: **Kaitlyn McCoy** for "Spirit"

3rd Place: **Chad Gottuso** for "Untitled"

Photography:

1st Place: **Brandon Coles** for "Elegant"

2nd Place: **Gabby Brown** for "Untitled"

3rd Place: **Brandon Coles** for "Oil Pan Still life"

Drawing:

1st Place: **Brian Ramsey** for "Poor Yorick"

Tie for 2nd Place: **Erica Lawton** for "Ryan"

Erica Lawton for "Little Red Riding Hood"

3rd Place: **Esther Kim** for "Paperclip"

Honorable Mention: **Kaitlyn McCoy** for Peaceful Death

Pastel and Charcoal:

1st Place: **Esther Kim** for "Autumn Still Life"

2nd Place: **Cullen Campbell** for "Guitar"

3rd Place: **Julyanna Booth** for "Still Life"

Mixed Media and Other:

1st Place: **Ryan Jordan** for "Ferocious"

2nd Place: **Natalie Duong** for "Childhood"

Sculpture:

1st Place: **Jojo Villa** for "Trees"

Best in Show: Allison Saloka for her group of artworks.

Peoples Choice Award: Emily Dugger for "Mine"

If you see these students, please congratulate them!

!Wanted!

The Art Department needs metal coat hangers and scrap chicken wire for upcoming sculpture units. Please check your closets and basements, and bring your wire hangers and chicken wire either to the main office or the art room 3029B. Thank you for your support of the art program!

Art Students Display Work at River Ridge Mall

By Pat Lester

Jefferson Forest art students are celebrating National Youth Art Month with JF's first ever exhibition at River Ridge Mall. The exhibit is located on the walls directly across from Movies 14. The students have worked hard to prepare their artwork for this display and we invite you to come by any time during the month of March to view their compositions.

Youth Art Month (YAM) is an annual observance each March to emphasize the value of art and art education for all children and to encourage public support for quality school art programs. Established in 1961, YAM provides a forum for acknowledging skills that are not possible in other subjects. Art education develops self-esteem, appreciation of the work of others, self-expression, cooperation with others, and critical thinking skills. All of these skills are vital to the success of our future leaders – our children.

45 Donate to Key Club's Blood Drive

By Krista Wilson

Way to shine JF! Thanks to all students, parents, and staff who donated time, food, and/or gifts of blood to our February 23 blood drive sponsored by the Key Club. The nurses and employees of the American Red Cross were very complimentary of how polite, cooperative, and helpful everyone was.

According to the American Red Cross, there were 71 donors presenting and 45 units collected. Of these 45 units, 28 were from students who were first-time donors. Our goal set by the Red Cross was 40 units, so we exceeded our goal. That was so exciting!

If you could not give or were deferred, please keep in mind that the height/weight restriction may change for next year. Also, take iron supplements if iron is the problem, eat foods rich in iron (green leafy vegetables, red meat, nuts and raisins), and avoid caffeine drinks (coffee, tea, sodas) the 24 hours prior to donating. If you have had a tattoo, piercing, been out of the USA, or are not feeling well, you may be turned away. You must always have an ID to donate.

Thanks again to all who helped with this successful drive. Our next drive will be next November.

Unity Club Observes "No Name Calling Week"

By Ameka Cruz

The JF Unity Club sponsored two events the week of January 24 - 28 to celebrate "No Name Calling Week" as part of the national "No Name-Calling Week" held annually to focus attention on the problem of name-calling in schools. This week is also set aside to provide students and educators with the tools and inspiration to launch an on-going dialogue about ways to eliminate name-calling in their communities.

The Unity club sponsored "We all Rock Day" when students and faculty members could wear their favorite rock band/musician/concert shirt to emphasize that we are all special in our own ways. On Friday, January 28, students and faculty were encouraged to wear their Unity T-shirts or red and black to show their school spirit. During lunch that day, the club provided free

"put-up" messages for students to send to friends or teachers. In all, there were over 500 "put-ups" distributed to students and teachers.

It was great to see students as well as faculty take part in both of these days. Teachers hung "No Name Calling" Zone signs in their classrooms and addressed the subject of name calling/bullying. The Unity Club held a drawing for a \$25 restaurant gift card for teachers who submitted how they incorporated this event into their classrooms. Jennifer Ferris was the winner of this drawing. She had her students make cards of encouragement for one another.

JF Unity Club members attended Diversity Dialogue Day at Lynchburg College on March 8. They worked together to develop an action plan to continue to unite the JF student body.

Podcast Projects Presented in Health Classes

By Jerome Loy

Students in 9th grade health classes completed their podcast projects during the last week of February. Each student developed a 2-minute podcast describing a non-communicable disease. The presentations were then aired in the classroom.

Students used photo booth, introductory sound loops, and/or background music; verbally detailed their particular topics with causes and treatments; and included at least five pictures and their bibliographies.

The students and I want to thank the I.T.R.T. team: Bethany Butcher, Amy Fariss, and Lisa Elliott for their assistance.

Podcasting: A Great 21st Century Tool

By Bethany Butcher
ITRT Teacher,

Great things are happening here at JF, and Coach Jerome Loy's Podcast Projects are just one example. Podcasting is a project-based activity that can support any curriculum. It is just another tool our teachers can use to address many 21st Century skills.

Coach Loy's students researched their non-communicable diseases with the support of Mollye Hays, JF Library Media Specialist, saved images, wrote scripts, and recorded their Podcasts. Although the project was delayed several times because of winter weather, Coach Loy stuck with it. His classes completed their Podcasts the last week of February and shared them with their classmates. They were great!

Coach Loy used a rubric to assess each student's content. The students' work was impressive, as was Coach Loy's willingness to try something innovative to help his students learn about important topics. Everyone benefited from this project.

Two of the podcasts may be viewed by clicking on the links below.



[Podcast 1](#)



[Podcast 2](#)

After-Prom Approaching Quickly

April 9 is quickly approaching for our After-Prom Celebration. It is going to be a night to remember for the students.

The activities committee has some fun “Minute to Win It” games planned. The decoration committee is working hard to transform the school into something spectacular. The prize committee is asking for all donations to be turned in by March 25 or sooner. Tickets will be \$10 and go on sale March 28.

Senior Parents, please watch for the senior mailing to be coming to your house soon. There will be information inside for helping with the senior wall at After-Prom.

Our greatest needs are from Friday, April 8, to Sunday, April 10, when we need help with set-up, working the celebration, and clean-up. Please contact jfhsafterprom@bedford.k12.va.us if you can help on any of the above days.

Please consider making a cash donation to After-Prom if you have not done so. The After-Prom celebration is a drug and alcohol free event for over 600 students. Your support would be greatly appreciated!

Thank you,
JFHS-PTSA After-Prom Committee

Sophomore Ring Dance to be March 19

By Patti Kese

The Sophomore Class Ring Dance will be held **Saturday, March 19**, from 8:00 until 11:30 p.m. in the JF Cafeteria. Mr. Francis will present the rings around 9:00 p.m., and parents are invited to attend the ceremony. This is a **semi-formal** event with the ladies wearing cocktail or tea-length dresses and the gentlemen wearing dress shirts, slacks, and ties. **NO JEANS** are permitted.

Tickets will be sold during all three lunches. Ring Dance is an event for **ALL** sophomore class members, and you do not need to buy a ring through Herff Jones or any ring at all. If you purchased a ring from another manufacturer and would like it presented at the dance, you may bring your ring to school by noon on Friday, March 18, along with a ring liability form (available during ticket sales). There will also be forms available that must be filled out if you would like to bring a guest from another school.

Wing It Photography will be taking photos at the dance. Photo packages and orders will be available during tickets sales. **PLEASE** remember to bring money for photos to the dance. These pictures will be pre-paid **ONLY**.

There are plenty of opportunities still available for parent volunteers. Included are decorating, sending in food items, cleaning up, and chaperoning. The more volunteers we get, the better! Please contact one of your parent representatives listed below.

Patti Kese 540-586-9150 pkcskc@aol.com
Lisa Klingenfus 434-525-9290 lklingenfu@aol.com
Michele Mathews 434-385-6544 michele82@comcast.net
Lisa McConkey 434-385-9475 mcconkey87@verizon.net

Juniors: Class of 2012 Sweats on Sale

Class of 2012 sweatpants are available in Ms. Carey's room (3060D). Sizes S-XL are \$15, and XXL is available for \$18. Come by before or after school or during passing periods to buy a pair to support your class!

The upcoming Prom on Saturday, April 9 will be at the James River Conference Center again this year. Tickets are \$25 and will go on sale the week before the Prom during lunch.

2011 SENIOR NEWS

The **Senior Social** will be held **March 17 during A Club** in the morning. In addition to chatting with their classmates, seniors will enjoy breakfast and be able to sign up to participate in the Baccalaureate service. This social is **free** to all seniors. **Parents, we need your help with the social.** If you can donate food items, come to help set up, or serve, please contact Sharon May (434-525-4125, kmay3x@verizon.net).

Graduation orders will be delivered to JF on **Wednesday, April 27**. The Herff Jones representative will be here all day in the auditorium. Cash, credit card, or money orders will be accepted. ***NO personal checks will be accepted at this time.*** If you have questions concerning your order or you have not placed an order yet, contact the Herff Jones Co. at 540-444-7323 or email them at info@valleygradserv.com. Mrs. Smith cannot answer your questions about graduation orders. Cap and gown photos will also be taken that day. Contact Mrs. Wendy Singleton for information on photos, (wsingleton@bedford.k12.va.us).

Seniors, if you do not take government at JF and have not picked up your T-shirt, come by Mrs. Smith's room, 3044 C.

There are a few extra Senior T-shirts available to those students who did not get one. The cost is \$10.00. Please make checks payable to Jefferson Forest and see Mrs. Smith about purchases.

The following parents are in charge of the various end-of-year senior events. If you are willing to help them in any way, please give them a call. Sue Wilcox (525-1844, wilcox212@msn.com), Sharon May (525-4125, kmay3x@verizon.net), and Kris BeCraft (540-587-5747, mrskfb@aol.com).

Mark your calendar for these senior class events:

March 17 – Senior Social - A Club period

April 27 – Graduation orders delivered to JF and cap and gown photos

June 3, 2011 – Senior Class Picture and Awards Assembly in the auditorium, reception following
June 5, 2011 – Baccalaureate, 2:00 –Tree of Life Ministries, 2812 Greenview Drive, Lynchburg - off of Timberlake Road, turn at Kentucky Fried Chicken.
June 5, 2011 – Senior Dinner at Phase 2 (formerly Cattle Annie’s)
June 10, 2011 – Senior Breakfast and Graduation Practice in the gym
June 11, 2011 – Graduation, 9:30 am at the Vines Center, Liberty University

As always, listen to announcements and check new.schoolnotes.com/salliesenior/ or the JF website for updated Senior News. If you have any questions please contact our Faculty Sponsor Linda Smith, Lsmith@bedford.k12.va.us.

Class of 2011 Cap and Gown pictures, Group Picture, and Awards Assembly

Senior group pictures will be taken on June 3 at 8:30 in the gymnasium before the Awards Assembly. Seniors should wear caps, gowns, and appropriate graduation attire. **Seniors should arrive on time in order to be in line by height before 8:30 a.m.** *Remember to park in the student parking lot, or your car may be towed.* Proofs and purchasing information will be mailed to each senior’s home after graduation. Please contact Mrs. Singleton at wsingleton@bedford.k12.va.us or check the JF website <http://www.bedford.k12.va.us/jfhs> for additional senior information.

The Awards Ceremony will take place in the auditorium immediately following the senior group picture. Family and friends of the senior class are invited to attend. Individual cap and gown pictures will be taken during government classes on April 27. Prices and information will be provided later.

Order Your Yearbook Today

The deadline to order yearbooks will be here soon. Since this is an all-color book, we cannot purchase extra copies. The cost of the 2011 yearbook is \$70.00. Please place your order by using the link on the home page of the JF website (<http://www.bedford.k12.va.us/jfhs>) or phone Jostens at 1-866-282-1516. Any orders received after May 1 may not be filled and may be subject to a late fee.

Please contact Wendy Singleton at 525-2674 or wsingleton@bedford.k12.va.us if you have any questions.

Opportunities Abound for Gifted Ed

By Jane Frisa,
JF Gifted Ed Coordinator

If you have visited the JF website's TAG page lately, or if you have sent me your email address for correspondence, you may know a lot about the opportunities for gifted students here at JF and through the various state and local programs. As the year winds down, please check out the guidance page as well for the many exciting summer programs. Juniors, it's not too early to check out the scholarship information.

We are gearing up for the spring testing of new nominees to the Gifted Ed Program, and Bedford County is in the process of revising the 5-year Gifted Education Plan. If you have concerns or suggestions, please contact me, Bill Wheeler (JF Faculty Representative on the revision committee), or Tim or Beth Laughlin (the JF representatives on the Gifted Ed Parent Advisory Committee).

Below are a few items that may be of interest:

- Sweet Briar College is hosting a free weekend for girls to "EXPLORE ENGINEERING". The event is April 1-2, and you can register at sbc.edu/engineering. Info is on the bulletin board outside the Guidance Office.

- Dream. Engineer. WISH. Women In STEM High School Aerospace Scholars

Engineer your dream job! Your adventure begins in Spring 2011 with an online community and culminates with a summer experience at NASA Johnson Space Center in Summer 2011. Collaborate with girls from across the country and female NASA engineers and interns. Get ready to start your dream! For specific project information, visit <http://wish.spacegrant.org> . Deadline: March 14, 2011.

This opportunity is provided by Teaching From Space, a NASA education program. Teaching From Space promotes learning opportunities and builds partnerships with the education community using the unique environment of space and NASA's human spaceflight program.

- The Virginia Department of Education has announced an opportunity for as many as ten (10) Virginia public school students who will be juniors or seniors during the 2011-2012 school year to participate in the International Space Olympics in the Moscow Region of Russia. The competition will be held during October 2011, and students who are selected will receive a travel scholarship for \$2,800 that will cover all major costs of participation in the Space Olympics. For additional information and an application, please go to Superintendent's Memo #063-11, at:

http://www.doe.virginia.gov/administrators/superintendents_memos/2011/063-11.shtml

- www.questbridge.org matches low income, high achieving students with scholarships (usually full scholarships) at 30 very good schools throughout the US. They also help such students get scholarships to summer programs. Strong juniors with an annual household income of less than \$60,000 should definitely check this out. This year's deadline for Juniors is March 29.

A recent JF graduate was offered 2 full 4-year scholarships through this program!

- The US Naval Academy Summer STEM program for rising 10th graders is June 13-18 and for rising 11th graders June 20-25. The program is free, but selected students must provide their own transportation to Annapolis. The deadline for applications is March 31.

For more information, visit <http://www.usna.edu/Admissions/stem.html>.

Spring Ahead!
Sunday, March 13
2:00 a.m.





Important Guidance Information

www.bedford.k12.va.us/jfhs/guidance

Counselors have been into all English classes to register students for next year's classes. Your child should have already brought home a schedule request form for you to sign. If he/she has not, please contact his/her guidance counselor as soon as possible at 434-525-7305.

- The student breakdown for the counselors is as follows:
 - A-B Elizabeth Newby
 - C-He Meg Watson
 - Hi-Pi Sally Baum
 - Pl-Z Brittany Copeland

Why should your child enroll in an AP course?

Gain the Edge in College Preparation

- Get a head start on college-level work.
- Improve writing skills & sharpen problem-solving techniques.
- Develop study habits for tackling rigorous course work.

Stand out in the College Admissions Process

- Demonstrate maturity and readiness for college.
- Show willingness to take the most rigorous courses available.
- Emphasize commitment to academic excellence.

Broaden Intellectual Horizons

- Explore the world from a variety of perspectives, most importantly their own.
- Study subjects in greater depth and detail.

Why should your child enroll in Dual Enrollment courses?

- ✓ Earn College Credit! Colleges in the state of Virginia readily accept dual enrollment college credits.
- ✓ Earn college credit with friends! In the comfort of a JF classroom with a teacher your child already knows. (College Pre-Calculus and College English.)
- ✓ Earn college credit at the local CVCC campus! Your child will learn in a small sized class and avoid those 300 student freshman classes at four-year schools.
- ✓ Earn college credit based on your child's entire semester of assignments, tests, and quizzes.
- ✓ Earn weighted credit at JF! If your child takes college courses such as English, math, history and science they will earn weighted credit at JF if they pass the course.
- ✓ Why pay more for the **same** college credits? CVCC tuition is affordable and considerably less than the four-year schools.

- ✓ Be prepared for your college acceptance letter! You will already have a college transcript to include with your college application!
 - ✓ Get a jump start! It is possible to complete all college freshman course-work while a senior at JF, eliminating the fight for the few freshman slots available at the college your child wants to attend.
- Students who plan to take **dual-enrollment classes at CVCC** next year should make an appointment to meet with Mrs. Lowry or their guidance counselor ASAP to obtain the necessary paperwork to **enroll at CVCC on April 9th**. Students planning on taking dual enrollment classes will need to take the CVCC placement test. If students enroll in a class at CVCC that conflicts with their selected courses at JFHS, they will need to change their CVCC class as we will not be able to change the master schedule of when classes are offered at JF. We encourage students to register for classes in the early morning or afternoon/evening at CVCC to minimize scheduling conflicts.
 - Students may go to the CVCC Lynchburg campus to take the English and/or math **placement test(s)**. The walk-in testing hours are Monday - Thursday 8:00 AM and 5:00 PM and Friday 8:00 – 3:00 PM. The cost is \$7 for both sections. Please take a picture ID and your CVCC student ID number with you. You may obtain a CVCC student ID number by applying for admission online at <http://apply.vccs.edu>.
 - The **Secondary Program of Studies**, which has a description of all courses offered next year, is posted on the Bedford County Public Schools web site for anyone having internet access. The website is <http://www.bedford.k12.va.us>.
 - The **2011-12 FAFSA** students will be able to obtain a paper FAFSA by calling the Federal Student Aid Information Center at 1.800.4.FED.AID (1.800.433.3243) or by visiting www.fafsa.ed.gov . Students may request up to three copies of the paper application and should receive their FAFSA in three to seven business days. We encourage all college-bound students to complete this free application for federal financial aid. It is recommended that you submit your application as early as possible.
 - For those students interested in taking the **SAT's** they are being offered on **May 7th** at VES and **June 4th** at ECGlass and LHS. These are the last two days that the SAT's will be offered until next fall. Please check the website: www.collegeboard.com for registration information and deadlines.
 - 11th Grade Students interested in Boys State or Girls State should contact Meg Watson in the guidance office today, March 11th.
 - **Scholarships** are updated weekly and are posted on the JF website under Guidance. Print outs of the scholarships are also available in the guidance office and posted in Government classes. Please contact your counselor with questions.



Behind-the-Wheel and Driver Education Information

By Nancy McCoy

OFFICE LOCATION: Between C&D Hallways in R379

OFFICE HOURS: M-F 8:00-8:26, Monday-1st lunch, Tuesday-2nd lunch, Wednesday-3rd lunch, Thursday/Friday-by appointment.

QUALIFICATIONS FOR BTW: Student has completed 36 hours state approved Driver Education course and holds a learners permit.

IF YOU HAVE TAKEN THE LEARNERS EXAM 3 TIMES AND NOT PASSED, please see Ms. McCoy for information.

SENIORS/JUNIORS: You may sign up anytime during school hours at my office in R379, between C&D Hallways, beginning the first week of school. Students will go according to birthdates and will be notified by a note through a classroom teacher to come and see Ms. McCoy in her office to obtain the necessary paperwork for your Behind the Wheel group. **NO ONE IS IN A GROUP UNTIL ALL PAPERWORK & MONEY IS RETURNED TO MS. MCCOY IN PERSON.**

BEHIND THE WHEEL: We go once every third week, as we share the range with the other 2 county schools and only 10 students go at a time. A bus will take the students to BSTC right after school and will return to JFHS by 6:00. The cost is \$100; it is after school, not on weekends or holidays. The students will drive on the range 4 days and on the road 3. Students must have completed the Driver Education course and hold a learners permit.

SOPHOMORES: Will take the 36-hour Driver Ed course during first semester. Upon completion of the course, students will be issued classroom completion certificates (green cards). If they wish to go privately, or if they are eligible for their licenses, and hold learners, they may sign up and be placed on the waiting list for spring Behind the Wheel. **PLEASE UNDERSTAND, BEING SIGNED UP FOR SPRING BEHIND THE WHEEL IS NOT THE SAME AS SUMMER BEHIND THE WHEEL.** There will be another sign up for summer Behind the Wheel after Spring Break. You **ARE NOT** in a group unless you have received and returned the paperwork. A new sign-up sheet is made for the summer, because of scheduling conflicts for those who have already signed up, or they have signed up but since have gone privately, so this allows for a more updated list.

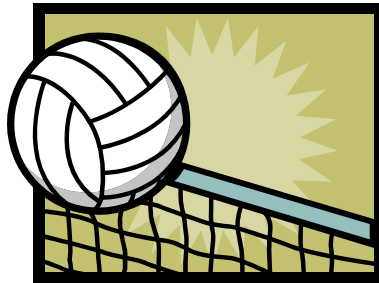
CLASSROOM COMPLETION/green cards: Are issued daily during office hours for any student who wishes to take Behind the Wheel privately. During the summer, please see Mrs. Hooper or Mrs. Belden in guidance.

TRANSFER STUDENTS: Must have a classroom completion card/green card in order to take Behind the Wheel. Please obtain from the school where you took the course.

CERTIFIED ONLINE COURSE: www.vadriveredu.org; approximate cost-\$145.

PRIVATE BEHIND THE WHEEL INFORMATION: Go to www.dmvnow.com. On left side under Citizen Services, click on Driver Services; go down to Driver Training/Safety and click on Driver Training Schools; then click on Roanoke District. (approximate cost -\$275 to \$325).

SUMMER BEHIND THE WHEEL: Paperwork is handed out after Spring Break. Seniors and juniors who need Behind the Wheel must see Ms. McCoy **BEFORE** Break!!!! Sophomores who need summer Behind the Wheel will receive the paperwork after Spring Break during their Health classes.....**AGAIN**, you are not in a group unless you have **RECEIVED** and **RETURNED** the paperwork **AND** you have been assigned a summer group date and time slot. A new sign- up sheet is made for the summer, because of scheduling conflicts for those who have already signed up, or they have signed up but since have gone privately. This allows for a more updated list.



PE Volleyball Champions Announced

By Jerome Loy

In P.E. News, the 9th & 10th grade volleyball round-robin tourney produced the following team champions:

Zero Period: Kool Aid Gang

1st period: Panther & Gyp-C

2nd period: Roll Tide & Cavaliers

3rd Period: Cheeseheads & Champs

4th Period: Chicken & Nuggets

5th Period: Tangeloes & Smiling Pandas

6th Period: Miami Caliente & Baby T's

Jefferson Forest Football

Important Dates

2011

*Lifting every Tuesday and Thursday 3:30-5:30 until June 7

*April 2nd weightlifting competition 10am Appomattox High School gym

*April 14th Football Meeting, Club B, Gym (mandatory sign ups)

*7 on 7 May 2, 9, 16, 23 LU 5:30

*June 21st First day of summer conditioning, 6pm-8:30pm field house, every Tuesday and Thursday

*W+L Football camp, June 26,27,28
Leave Sunday morning, return Tuesday evening

*Equipment Handout July 29 1-5pm Field House

*Parents Meeting July 31 JF Gym 5pm

*August 1st First day of practice, 2-a-days "PRIDE WEEK"

*Intra-squad August 6th 7pm

TEAM
OVER
ME

Please visit our website at -

[jffootball.com!](http://jffootball.com)

JEFFERSON FOREST SHOPPING DAY!!



JEFFERSON FOREST HIGH SCHOOL PTSA
in partnership with
THE SHOPPES AT ASHWOOD

Announce
JFHS Shopping Day

Shop locally at The Shoppes at Ashwood on
Saturday, March 26, 2011 10:00am-3:00pm
10% of the sales will be given to JFHS PTSA.

The Shoppes at Ashwood has antiques, collectibles, jewelry, vintage - photography, clothing & linens, a ladies boutique with elegant & casual clothing, handbags, shoes, hats, massage therapy - deep tissue, Swedish, & hot stone, gift baskets, current book titles as well as antique books, movies, children's - clothes, books, & accessories, wreaths, spices, Avon, candles, furniture & household decor, unique artwork and gifts, scrap booking, hair bows, arts & crafts classes, and more.

Shop Ashwood for birthday presents, Mother's Day gifts, prom dresses, Easter dresses, and other special occasions!

Ashwood has something for everyone at very reasonable prices. Come by; browse the shops while enjoying the beauty of historic Ashwood Manor.

Shopping has never been easier!
1197 Ashwood Park Rd, Forest, VA
(behind NEW Sheetz on 221 in Forest)
T-F 10-6, S 10-3 540.597.7396

<http://hstrial-theshoppesatashw.intuitwebsites.com/>

An Open Letter for Senior Parents ONLY

Dear Parents and Guardians of a 2011 Senior:

After-Prom is quickly coming upon us, and plans are in progress for the senior wall. The wall is decorated in honor of the seniors with baby pictures of them that have words of tribute on the back written by you. In order to make this wall a success and special for our seniors, we need some help from you.

First of all, we need a picture of your senior between the ages of 2 – 5. Please limit the size of the picture to 4x6 or smaller. (Note: we may have to crop the picture.) Please do not share the picture you have chosen with your child, as this is a secret. The students have a lot of fun trying to figure out who is who. Secondly, please write a tribute to your senior in the space provided on the card included with this letter. You can write your tribute in black ink, but please **DO NOT** write on the back of the picture! We will attach this tribute to the back of another frame, in which we will fit the picture. Your senior will be able to collect his/her memento at the end of the night. If you prefer to type your tribute to your senior, a template has been provided on the Senior Class Information link on the Jefferson Forest High School website. Please attach the template with your tribute in an email to me at honeycutths@lcsedu.net.

Once completed, you can do one of the following four options. You can mail the tribute, along with your picture, to the address below – we will then assemble the memento for you. Or, you may come to one of our open workshop sessions that will be on March 22 and March 31 from 6:00 pm – 8:00 pm in the library at the high school and assemble the memento yourself. Please bring your picture and card with you when you come. Thirdly, you can drop your picture and tribute off in the JF main office. Please put them in an envelope marked “After Prom”. If these options do not work for you, as a last resort you can email your picture and tribute to: honeycutths@lcsedu.net. **Please note that we need to receive your tribute and picture by April 1!**

We would really like to set a record this year and have a memento for EVERY senior in the 2011 class! Please, take a moment to find a picture and write a little something about how proud you are of your senior!

We truly appreciate all of your help and look forward to the smiles on the faces of our seniors.

Many thanks,

Holly Honeycutt & Aliceon Bourne

Address for mailing tribute and picture:

Holly Honeycutt
404 Capital Lane
Forest, VA 24551

Senior Tribute Template

Instructions for **Senior Parents**: Click on the blank space inside the frame and type. You may use any font and text size, as long as everything fits inside the frame. When finished, click on File, Save As, name your template, and save to your computer. Then attach the document to an email and send to: honeycutths@lcsedu.net. If you have any questions or problems, email them to the same address. **Please respond by April 1.**

SAMPLE

Congratulations!
Your hard work and
dedication has paid off.
The long journey has
ended and now a new
one begins. We are
very proud of you.
Good luck – We
love you!
Mom and Dad

