

# CAVALIER CONNECTION

May, 2011

[www.bedford.k12.va.us/jfhs](http://www.bedford.k12.va.us/jfhs)

## From the Principal

In a few short weeks, we will say goodbye to the Class of 2011. It seems as if they just entered high school, but they have completed the requirements for graduation and will move to the next phase of their lives. Graduation will take place on June 11 at 9:30 a.m. at the Vines Center. There is no limit to the number of guests a graduate can invite. Parking can be an issue, so it is suggested that you arrive early. Mrs. Smith has also included information in the *Cavalier Connection* that outlines dress requirements and graduation protocol.

SOL testing will alter our schedule from May 17 through June 1. Please check the website for the times of individual classes. Exams will begin for all students on June 6 and conclude on June 8. The exam days are also 2-hour early dismissal dates. It is imperative that all students who are required to take an exam be in attendance for the complete class period. If emergencies arise during exams, please contact the attendance office immediately. When events prevent your child from attending during exams, a pre-arranged absence form should be completed and requires administrative approval.

Best wishes for the summer, and I look forward to the 2011-2012 school year.

Sincerely,

Tony Francis

## Important Dates

May 19	Spring Choral Concert at JF – 7:00 p.m.
May 23	7 <sup>th</sup> Week Interims for 4 <sup>th</sup> 9 Weeks Go Home
May 30	Memorial Day/School Closed
May 31	Spring Band Concert at JF – 7:00 p.m.
June 2	JF Triathlon
June 2-3	0 Period Exams – 7:25-8:20 a.m./Regular Day
June 3	Senior Class Photo – Gym – 8:30 a.m.
	Senior Awards/Reception – Auditorium – 9:30 a.m.
June 5	Baccalaureate – Tree of Life Ministries – 3:00 p.m.
	Senior Class Dinner – Phase 2 – 6:00-9:00 p.m.
June 6	2 <sup>nd</sup> and 5 <sup>th</sup> Period Exams/2-Hour Early Dismissal
June 7	3 <sup>rd</sup> and 4 <sup>th</sup> Period Exams/2-Hour Early Dismissal
June 8	1 <sup>st</sup> and 6 <sup>th</sup> Period Exams/2-Hour Early Dismissal
June 9-10	Teacher Workdays
June 10	Senior Class Breakfast/Graduation Rehearsal–8:30 a.m.
June 11	Graduation - Liberty University Vines Center – 9:30 a.m.

## Math Textbooks Available for Parental Review

Dear Parents,

Over the last ten weeks, teachers and other Instructional and Technology staff have been reviewing mathematics textbooks for adoption. After careful consideration and a structured review process, we plan to make a recommendation to the School Board in an upcoming meeting. We would like to offer you the opportunity to review these materials and provide your feedback. K-12 textbooks will be available for review from May 16-May 27 during school hours at the following locations.

**Bedford Science and Technology Center - 600 Edmund Street Bedford, VA 24523**  
**Huddleston Elementary School - 1027 Huddleston Drive Huddleston, VA 24104**  
**Boonsboro Elementary School - 1234 Eagle Circle Lynchburg, VA 24503**

Written feedback may be dropped off at the Instruction Department at the School Board Office. It also may be mailed to: Dr. Mac Duis, Director of Instruction at the School Administration Building located at 310 South Bridge Street, Bedford, VA 24523. Feedback may also be sent by email to [mduis@bedford.k12.va.us](mailto:mduis@bedford.k12.va.us).

Respectfully,  
BCPS Instructional Staff

## PTSA: Madison O'Donnell Wins 1<sup>st</sup> Place in Talent Show

If you didn't make it to "CAVALIER IDOL", you missed a great evening of awesome talent and entertainment. Thanks to Amy Enneking and Nadine Blakely for their commitment and time in making this a successful event!!! Our judges – "Simon" – Mr. White, "Ja-Lo"-Ms. Piserak and "Steven Tyler" – Mr. Webb, were the perfect judges!!! Our MC - Coach Loy was entertaining as always!!!!

Congratulations to our winners and sponsors: 1st Place - **Madison O'Donnell** won \$100 donated by Nadine Blakely, Realtor. 2nd Place - **Destiny Barnett & Sarah Barns** received \$50 from La Carreta. 3rd Place - **Thomas Wooldridge & Naomi Uyeda** won \$25 from Sweet Frog. Keep practicing! Next year will be here before you know it!

It's time to turn in your UPPER CRUST PIZZA PUNCH CARDS!!!!!! Please drop them off in the box on the counter in the office, no later than MAY 30th!!!! We only get \$1 a punch if the cards are turned in. Thank you for your support of JF PTSA.

## **JF Young Authors Win in County and Region**

The following seven JF students were selected from the County level of the Young Authors Literacy Contest to advance to the Regional Competition.

### **Essay**

**Zoey Dorman--11**

**Hadley Fields--11**

**R.J. Goodwin--11**

### **Story**

**Da In Yoo--12**

### **Poetry**

**Nick Garfield--12**

**Jon Lively—12**

Following are the results from the Regional judging:

### **Essay**

1<sup>st</sup> place      **R.J. Goodwin--11**

2<sup>nd</sup> place      **Zoey Dorman—11**

3<sup>rd</sup> place      **Hadley Fields—11**

### **Story**

1<sup>st</sup> place      **Da In Yoo—12**

### **Poetry**

2<sup>nd</sup> place      **Nick Garfield—12**

3<sup>rd</sup> place      **Jon Lively--12**

Congratulations to our fine writers!

## **Emily Dugger Finalist in Anne Spencer Contest**

Congratulations to Emily Dugger for being a finalist in the Anne Spencer Poetry Writing Contest. She is the only JF student to place this year, and the English Department is very honored that she was selected. A ceremony will be held Monday, May 23, in Anne Spencer's garden where Emily's poetry will be read, and she will be awarded her prize.

# Art Students Win Three 1<sup>st</sup> Place Awards in County Art Show

The JF Art Department wants to congratulate the following student artists who competed in the county-wide art show at the Bower Center for the Arts. Results of the jury are:

## PHOTOGRAPHY

1<sup>ST</sup> "ELEGANCE" **BRANDON COLES**

HM "RAINBOW DROP" **BRANDON COLES**

## CERAMICS

1<sup>ST</sup> "SMILE" **CHRIS CARPENTER**

2<sup>ND</sup> "UNDERWATER" **JO JO VILLA**

3<sup>RD</sup> "WHEEL" **SARAH CHEN**

## OPAQUE PAINTING

HM "ONE AFTERNOON IN YAIDOS" **ESTER KIM**

## COLLAGE

2<sup>ND</sup> "PEACE AMONG VIOLENCE" **SHANNON BING**

## MONOCHROMATIC DRAWING

1<sup>ST</sup> "CITY COURTYARD" **BEVERLY WERE**

## TRANSPARENT PAINTING

3<sup>RD</sup> "SOUL LESS BEAUTY" **OXANA HASANAT**

HM "PRISM" **CHAD GOTTUSO**

## MIXED MEDIA

3<sup>RD</sup> "BICYCLE FROM DIFFERENT  
PERSPECTIVE" **ESTER KIM**

HM "AFTERNOON" **ROXANA HASANANT**

Please congratulate these young artists on their accomplishments. Stop by the Bower Center in Bedford to view the entire show. The display will be up until May 25<sup>th</sup>. Check the Bower Center website for times they are open each day.

# **PRICE CHANGE ANNOUNCED FOR SUMMER BEHIND-THE-WHEEL**

By Nancy McCoy

Starting this summer, the price for behind-the-wheel will be \$185. Students must pay when they sign up. If a student is unable to keep his or her date/time, he or she **MUST** contact **BSTC** at **(540)586-3933** to be replaced by another student on the waiting list. If the student/parent/guardian does not call to cancel the date/time slot, he or she **WILL NOT RECEIVE A REFUND OF \$185.**

## **PE Students Compete in Track and Field**

By Coach Jerome Loy

Last week our 9th grade P.E. classes participated in a track and field unit comprised of four events. Each day students competed in each of the four track and field disciplines: sprinting, jumping, throwing, and distance running. They ran the 100 meter dash, participated in the long jump, threw teshot put, and ran the mile. Their scores/results were compiled much like the decathlon.

**Gold** medal winners were **Hannah Speake** and **David Aveson**.

**Silver** medal winners were **Carsen Wilkerson** and **Tyrell Bryant**.

**Bronze** medalists were **Amanda Staton**, **Ben Ottman**, and **Josh Propst**.

All students now have a *new appreciation* for track and field.

## **Competition Cheer to Host Clinic May 28**

By Sarah Watts

The Competition Cheerleading squad is hosting a second competitive cheer clinic Saturday, May 28, from 8:00 a.m. to 12:00 p.m. for any students interested in competitive cheerleading. Stunting, tumbling, dancing, and cheers will be taught.

The cost is \$5.00 per clinic. Please see Mrs. Watts in Room 3041 C in the morning before school or after school to sign up.

This clinic is strongly recommended for any student who plans on trying out for the 2011 Competition Cheerleading squad.

# **TAG News: AP Exams Complete**

By Jane Frisa  
JF TAG Co-ordinator

For our academically gifted students, a big part of their time is devoted to Pre-AP and AP courses taught at Jefferson Forest. For the past two weeks, many of them have been taking AP Exams, the very rigorous, national exams administered each spring by The College Board.

AP Exams are being administered at JF this year in Chemistry, Biology, Physics B, Physics C, Environmental Science, Psychology, Spanish, Calculus, Statistics, English language, English Literature, Spanish, U.S. History, European History, U.S. Government, Comparative Government, Micro-economics, Macro-economics, Music, and French. The students who took the AP Psychology and Economics exams were enrolled in “independent Study” courses through the JF Library Media Center.

Each year, JF students enrolled in AP Math, Science, and English have the opportunity to attend three Saturday workshops in their AP subject areas at which they work on preparing for the AP Exams they take in the spring. Virginia Advanced Studies Strategies (VASS) sponsors the Saturday sessions and also offers students who have perfect attendance at the Prep Sessions the chance to win a \$50 gift certificate. This year's winners areas follows: Taylor Cox, science; Samantha Taylor, math; Ken Ritchey, English.

The results of the spring testing and evaluations of students nominated for inclusion in the Gifted Ed program are complete, and we are happy to welcome three new “TAG” students.

## **Attention Rising Juniors – Class of 2013**

In October you should plan to take the PSAT. This is the test that is used to determine National Merit Scholars --- and often results in some very generous scholarship offers. If you would get a PSAT or SAT review book (I like Barron's) and work on it over the summer, you can certainly improve your score ... especially by studying the vocabulary!

## ***Sports Physicals to be Monday, June 6, at 7:00 p.m.***

By Nancy Claudio

Sports physicals for the 2010-2011 school year will be performed on Monday, June 6<sup>th</sup>, at Forest Family Physicians. All athletes who already have a sports physical on file with the athletic department are eligible to take advantage of this service. This would include all rising 8th -12th graders who were participants in our B-team through Varsity programs. If this is your first year of trying out for one of our programs, you must have your first physical by your personal physician.

Please bring your **completed VHSL physical** and **\$25.00** with you on the evening of the physicals. If you are writing a check, it must be made out to *Forest Family Physicians*. You can find the physical forms at [www.vhsl.org](http://www.vhsl.org) under Forms, or go to the Jefferson Forest athletic webpage and click on the link on the left to download the needed forms. Parents, please make sure you fill out all your required information on Pages 1,2, and 4. Without this information, the physical is void.

**Remember that any student athlete who is planning on trying out for any sports team must have a current physical form on file with the athletic department before you may participate in open gyms or conditioning sessions including summer sessions.**

If you have any questions, please feel free to call the athletic director, Nancy Claudio at 434-610-1895.

## **Class of 2014 News**

By Mary Ann Doss

With every end, comes a new beginning. As we close the door on this freshman year, we look ahead to a new and exciting year as the sophomore class of Jefferson Forest High School.

We would like to thank all of the students, parents and staff who supported our freshman events and fundraisers; it has been a successful year and we couldn't have done it without YOU! Freshman activities included selling Class of 2014 t-shirts, a Freshman Meet and Greet at a JF football game, selling Homecoming carnations and the Fall Freshman Frenzy. The money raised will remain with the class throughout our four years of high school.

A special thank you goes to our SCA officers: Maddy Jacobs, Peyton Woodall, Raven Bishop, Matthew Crider and Felicia Mason. Also, thanks to our freshman class sponsor, Jamie Vest.

The parent representatives will continue to work with the Class of '14 over the coming years. Please feel free to contact any of the representatives should you have ideas or questions:

Kellie Baldwin	434-525-9780	<a href="mailto:kbaldwin@bedford.k12.va.us">kbaldwin@bedford.k12.va.us</a>
Leslie Broman	434-444-1044	<a href="mailto:aninsidejob@netzero.net">aninsidejob@netzero.net</a>
Mary Ann Doss	434-525-2669	<a href="mailto:mtdoss@aol.com">mtdoss@aol.com</a>
Lisa Elliott	434-610-2902	<a href="mailto:lelliott@bedford.k12.va.us">lelliott@bedford.k12.va.us</a>
Beth Francis	434-942-3875	<a href="mailto:bethfrancis1@verizon.net">bethfrancis1@verizon.net</a>
Karen Rodriguez	540-317-3203	<a href="mailto:krodriguez@bedford.k12.va.us">krodriguez@bedford.k12.va.us</a>

# Seniors Prepare for 2011 Graduation

**DRESS REQUIREMENTS for the 2011 Graduation Ceremony June 11, 2011 and Senior Class Picture on June 3, 2011.**

**Gentlemen:**

1. Dark colored dress pants (black, navy blue or dark gray preferably) **Khaki is not a dark color.**
2. White (or light-colored) dress shirt and **dark tie**. All gentlemen must wear a tie.
3. Black or brown dress shoes (does not include sandals, flip-flops, work boots, athletic shoes) and dark socks.

**Ladies:**

1. Dress (preferably dark with no pattern)
2. Dark dress shoes (preferably "closed-heel") and does not include flip-flops, athletic shoes, etc.. We recommend low heeled shoes due to the steepness of the stairs at the Vines Center.

**\*\*Additional dress requirements\*\***

1. NO camouflage clothing of any type.
2. NO t-shirts, NO shorts
3. NOTHING is to be written on, glued on, drawn on, or attached to your graduation cap in *any form or fashion*.

**Any student needing assistance arranging appropriate clothing for graduation should contact Mr. Francis. ANY STUDENT FAILING TO MEET THE DRESS CODE FOR GRADUATION WILL NOT MARCH IN THE COMMENCEMENT EXERCISES.**

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**Dress Code/Conduct Verification for JFHS 2011 Graduation**

\_\_\_\_\_  
Print Student Name / Student Signature Date

\_\_\_\_\_  
Parent Signature

\_\_\_\_\_  
Date

**Please return the green Dress Code signature form to your English teacher by May 27, 2011. If you do not take English at JF, please return your form to Mrs. Smith. The Dress Code signature form was included in the mailing sent to parents of seniors on May 6, 2011 or you may use the form below. There is also a printable form is located on Sallie Senior at [new.schoolnotes.com](http://new.schoolnotes.com)**

**There has been a change in the Graduation Recognition Regalia.** High Honor students will wear gold cords, silver cords for honor students, stole or gold tassel for National Honor Society members, regalia given by Governor's School for its students, regalia given by the college for Early College graduates, regalia given by JF for an academic honor society (GPA based), and senior class and SCA officer sashes.

**Graduation DVD Pre-order Forms** should be returned to the main office with payment of \$10 in cash or by check made payable to JFHS-PTSA. If you have questions about the Graduation DVD, please contact Lisa Elliott at [l Elliott@bedford.k12.va.us](mailto:l Elliott@bedford.k12.va.us) . A printable form is located on Sallie Senior at [new.schoolnotes.com](http://new.schoolnotes.com)

**Cap and Gown Orders** - If you have questions concerning your order or you have not placed an order yet, contact the Herff Jones Co. at 540-444-7323 or email them at [info@valleygradserv.com](mailto:info@valleygradserv.com) .

Mrs. Smith has extra graduation announcements. Cost is \$1.40 each and exact change, cash only is required.

Thanks to the parents who donated food, time and money for the Senior Social. The seniors had a nice breakfast on a brisk March morning in the patio area. Thanks also to those parents and teachers who served and chaperoned.

**Please mark you calendars for these important end-of-year events for your senior:**

**June 3, 2011 at 8:30 a.m.** - Seniors gather for a group photo in the JFHS gym. Caps, gowns & appropriate graduation attire must be worn for the class photo. Graduation Recognition Regalia may also be worn.

**June 3, 2011 at 9:30 a.m.** - Senior Awards Assembly and Reception will be held where seniors are recognized for academic achievements and individual scholarships. Seniors are reminded that they need to inform their guidance counselors of all scholarships and/or awards they receive. All seniors and their families (only siblings will be excused from class at JF) are invited to attend. Seniors need to wear caps, gowns & appropriate graduation attire

**June 5, 2011 at 2:00 p.m.** - The baccalaureate service will be held at the Tree of Life Ministries, 2812 Greenview Dr., Lynchburg (located off of Timberlake Rd., turn at Kentucky Fried Chicken). Seniors are asked to wear dresses, skirts and blouses, jackets, dress slacks, ties. **This is not a school sponsored event**, but a Senior Parents sponsored event. Mandatory practice on May 29, 2011 at 2:00 for those seniors who signed up to lead/participate in the service. Practice will be at Tree of Life Ministries.

**June 5, 2011 from 6-9 p.m.** - Senior Class Night Dinner at Phase 2 (formerly Cattle Annie's) located at 4009 Murray Place, Lynchburg. Dress is casual (Please follow the school dress code.) A few seniors still need to pay their class dues of \$20. **Dues must be paid in order to attend Senior Class Night.** Mrs. Smith is still accepting payment for class dues.

**June 10, 2011 at 8:30 a.m.** - Senior Breakfast and Graduation Rehearsal - breakfast will be in the cafeteria, and rehearsal will be in the JFHS gym . Graduation practice is mandatory and is the Friday before graduation (this is the Friday after the last day of school).

**June 11, 2011 at 9:30 a.m.** – Graduation at Liberty University’s Vines Center. There is no limit to the number of guests a senior may invite.

Seniors need to check with their guidance counselors to verify that all information has been turned in for diploma seals and possible awards. This information is needed as soon as possible. You can find more information on diploma seals in the Program of Studies on the Bedford County Public School website under Diplomas Seals, page 13 of the document. Scholarships are still available in the guidance office. Please contact your guidance counselor or Mrs. Belden if you have any questions.



**Congratulations**

**JFHS**

**Class**

**Of**

**2011 !**

## **Yearbook News: Don't Wait to Join the Party!**

The deadline to order yearbooks is May 31. Late orders will not be processed. The cost of the 2011 yearbook is \$75.00. Due to the high cost of publication, extra yearbooks will not be ordered by the yearbook staff for sale on arrival.

Please place your order by using the link on the home page of the JF website (<http://www.bedford.k12.va.us/jfhs>) or phone Jostens at 1-866-282-1516.

Online orders can also be placed at <http://www.yearbooksonsale.com>.

Please contact Wendy Singleton at [wsingleton@bedford.k12.va.us](mailto:wsingleton@bedford.k12.va.us) if you have any questions. Order forms are available in room 3072D.

The yearbooks will be distributed in mid-August at a signing party in the cafeteria. Invitations to the party will be mailed in late July to all students who have purchased a 2011 yearbook. All students who have purchased a book will be admitted free and will be eligible for prize drawings and free food. We'll have food, music and special prize drawings for those present. The party will take place in the cafeteria before school opens.

## **Class of 2011 Group Picture and Awards Assembly**

Senior group pictures will be taken on June 3 at 8:30 in the gymnasium before the Awards Assembly. Seniors should wear caps, gowns and appropriate graduation attire. **Seniors should arrive on time in order to be in line by height before 8:30 a.m.** **Remember to park in the student parking lot or your car may be towed.** Proofs and purchasing information will be mailed to each senior's home after graduation. Please contact Mrs. Singleton at [wsingleton@bedford.k12.va.us](mailto:wsingleton@bedford.k12.va.us) or check the JF website <http://www.bedford.k12.va.us/jfhs> for additional senior information.

The Awards Ceremony will take place in the auditorium immediately following the senior group picture. Family and friends of the senior class are invited to attend.

## **Class of 2012—SAVE the DATE**

Rising seniors (Class of 2012) will receive picture information by mail in June. All seniors **must be photographed** by WingIT for school records and some publications. Seniors should take this photo sitting seriously since these pictures will be in permanent records.

Pictures will be taken at the James River Conference Center on July 13, 14, 15 and July 25, 26, 27. The letter will give a date and time for your picture. Please have your picture taken on one of the scheduled days.

You may substitute a photo from a local photographer for yearbook and senior slide shows if you have been photographed by WingIT. Details about senior photo substitutions and submissions will be sent in the first *Cavalier Connection* for 2011-2012.

# Guidance News and Dates for your Calendar

**Summer School:** June 20th – July 28th (excluding Fridays and July 4) at Liberty High School. Registration will be May 1<sup>st</sup> – 31<sup>st</sup> (**for new, repeat & online classes**) in the JF guidance office using form provided. Late registration available June 14<sup>th</sup> – 15<sup>th</sup> (**for repeat classes only**) at Liberty High School using form provided.

**Transportation is not provided.**

Fees are as follows:

- In-County Repeat Class - \$250
- In-County(reduced price meals) Repeat Class - \$125 (meal approval letter required)
- In-County(free meals) Repeat Class - \$50 (meal approval letter required)
- Out of County Repeat Class - \$300
- In-County or Out of County New Class - \$400

**Full payment is to be made by June 16<sup>th</sup> with cash or check. Parents may call the School Nutrition office at 540-586-1045, x224 to get a copy of their free/reduced meal approval letter as proof of meal status.**

**EC GLASS will also have summer school (*for repeat courses only*)**

1<sup>st</sup> semester: June 16-June 30

2<sup>nd</sup> semester: July 1<sup>st</sup> – July 18<sup>th</sup> (closed July 4<sup>th</sup>)

City Residents: \$75 per semester class

Non-city Residents: \$150 per semester class

**Final report cards** and Standards of Learning Scores from the March EOC Writing Test and the May EOC tests (if available) will be mailed home the **week of June 20th**.

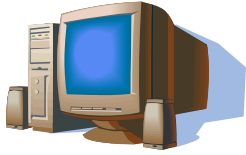
**The Spring 2011 Non-Writing Standards of Learning** tests will be held **May 17 – June 3, 2011**. All testing will be completed online. A schedule is posted on the JFHS website. Please contact Kylie Gilleland or your child's school counselor if you have any questions regarding Spring SOL testing.

**Moving Up Day** (Freshman Orientation) - August 17<sup>th</sup>, 12 noon – 3 pm

**Open House** - August 18<sup>th</sup>, 12 noon – 7 pm

**Tentative date** for the **SATs** to be given at **JFHS** is Saturday, October 1st. Register for the SATs at [www.collegeboard.com](http://www.collegeboard.com)

**PSATs** will be given at JF on Wednesday, October 12<sup>th</sup>. Juniors can register for the PSAT in the guidance office when they return to school during the Open House. **All 10<sup>th</sup> grade students will be tested that day but do not need to sign up.**



## **Student Advisory Committee**

The School Board is seeking nominations for the Student Advisory Committee for the 2011-2012 school year. The committee will be comprised of students from each high school, each middle school, and students from Bedford Science and Technology Center.

**Only students in grades 6, 7, 9, 10 and 11 during the 2010–2011 school year may apply.**

Students who will be in grades 7, 10 and 11 during the 2011 – 2012 school year will serve two (2) year terms. Students who will be in grades 8 and 12 during the 2011-2012 school year will serve one (1) year term.

To be considered by the board for this committee, students must complete and **submit an application ONLY during the month of May.**

**For the complete details and an application please Mrs. Baum in Guidance**

**Dual Enrollment** - Students who plan to take dual-enrollment classes at CVCC next year should see Mrs. Lowry ASAP to obtain the necessary paperwork to enroll at CVCC.

**Classes are filling up fast.** If students enroll in a class at CVCC that conflicts with their selected courses at JF, they will need to change their CVCC class as we will not be able to change the master schedule of when classes are offered at JF. We encourage students to register for classes in the early morning or afternoon/evening at CVCC to minimize scheduling conflicts.

**Senior Exit Surveys** - Counselors visited all the Government classes to hand out the Senior Exit Survey. This is where students list all of the scholarships *that they are accepting and* what school they plan to attend in the fall as well. **A final transcript** will automatically be mailed to that school, if you already have a release on file for that specific school. If you have been notified from Mrs. Hooper that you owe money for transcripts, please pay in guidance as soon as possible.

**Scholarships and summer programs** are updated weekly and are posted on the JF website under Guidance. Print outs of the scholarships are also available to view in the guidance office. Please contact your guidance counselor if you have any questions.

Applications are being accepted for any junior female or male who is interested in being on the **Youth Philanthropy Committee for next year.** The purpose of this committee is

to instill in our youth the awareness of our community needs and the desire to be active in our community by means of volunteering and philanthropy. One male and one female will be selected based on excellence in academics, leadership and community service. **Stop by the guidance department to pick up an application. They are due back by May 23<sup>rd</sup>, 2011.**

## **NEW POLICY FOR NON-RESIDENT STUDENTS**

**Note:** Students who attend school as a non-resident student prior to April 7, 2011 may continue to attend the school until completion of the 2010-11 school year. Students will be required to re-apply annually for admission as non-resident student. **The deadline to apply for admission is July 1.**

**Admission:** Students who reside outside the boundaries of Bedford County (nonresidents) may attend Bedford County Public Schools on a space/program available basis as tuition paying students. Admission by tuition is for one school year only. Application must be made each school year thereafter. Upon admission, a tuition student becomes a student of the Bedford County Public Schools and is therefore under the control of the Bedford County School Board. The student and parents/guardians must sign an agreement acknowledging that the student will comply with all of the rules and regulations applicable to students in the Bedford County Public Schools and that permission to attend Bedford County Public Schools may be withdrawn in the event the student fails to comply with such rules and regulations or if it is determined that such action is in the best interests of the school system.

**Residence Change:** Moving out of Bedford County – A student who is currently a resident of Bedford County and is attending Bedford County Public Schools and who is planning to move to a location outside Bedford County within the last 45 school days of the school year may be permitted to complete the school year as a nonresident student.

**Residence Change:** Seniors – A high school senior who is currently a resident of Bedford County and is attending Bedford County Public Schools and who is planning to move to a location outside Bedford County during the second semester of the school year may be permitted to complete the school year as a nonresident student.

Students may be ineligible to participate in Virginia High School League (VHSL)-sponsored activities per VHSL eligibility rules.

For further information please contact the guidance dept. at 525-7305.

**Congratulations to the class of 2011!**

Have a great summer! - *JF Guidance Department*

## Clinic News: Tick Season Joins Allergy Season

By JF Nurses Kamella Peirce: [kpeirce@bedford.k12.va.us](mailto:kpeirce@bedford.k12.va.us)

Donna Hensley: [dhensley@bedford.k12.va.us](mailto:dhensley@bedford.k12.va.us)

With the onset of allergy season, we wanted to remind you that we ***do not*** have allergy or cold medicines in the clinic. Should your child require allergy or cold medicine, please medicate him/her *prior to* arrival at school.

The Benadryl we stock is for emergency allergic reactions involving acute respiratory distress **only**, (i.e.: bees, peanuts, etc...) It is **not** given for stuffy noses or itchy eyes.

**Any student who receives Benadryl from the school clinic WILL NOT BE ALLOWED TO DRIVE HOME, even with parental permission to do so.**

**Tick season** is in full swing. Check yourselves after coming in from the outdoors. Should you find a tick, grasp it firmly at the base and pull with constant tension. It will let go!

Be aware of the poisonous plants like poison ivy, poison oak and poison sumac. <http://walking.about.com/od/medfirstaid/ss/poisonoakivy.htm> is a website with pictures of each of these plants. If you think you have come into contact with one of these plants, go inside and immediately wash the area with soap and cold water.

Dogs, cats and other outdoor animals can bring ticks and the oils from these poisonous plants into the house on their fur. Be aware and be careful!

### **New Information for the 2011/2012 School Year:**

In accordance with a new BCPS Policy, students **will no longer be able to carry medication with them in school.** The **ONLY** exceptions will be for students needing insulin, prescription inhalers, and auto-injectable epinephrine. **These will still require the proper consent forms/care plans that we have needed in the past.**

The Public Health Department has extended its hours for school immunizations. They are offering some evening and Saturday clinic hours. For days/hours please see posting on the bulletin board outside of the Attendance Office and on the Main Office doors. You may also contact your local Health Department directly.

### **Health and Safety Information:**

A request to call a parent will not be denied. At that point, the decision to stay in school or go home becomes a decision for you and your child to make together. ***It is against school policy for students to call parents from a cell phone.*** The student will still need to sign out through the clinic. Once signed out, he/she is ready to be dismissed.

### **Clinic Reminders:**

- *If your child does not have the required form for Tylenol/Benadryl, we cannot administer it to him/her.*

**Jefferson Forest Football  
Important Dates  
2011**

\***Lifting** - Every Tuesday and Thursday - 3:30-5:30 p.m. until June 7 (MAX DAY)

\***7 on 7** - May 23 @ LU - 5:30 p.m.

\***June 21- First Day of Summer Conditioning** – 6:00-8:30 p.m. - Field House - Every Tuesday and Thursday until July 28

**\*\*\*\* If you are playing Football next year, varsity-jv-bteam, it is mandatory to be at conditioning unless you are on vacation!**

\***W+L Football Camp** - June 26,27,28 (limited to 60 players)  
Leave Sunday morning 9:00 a.m.; return Tuesday evening 6:30 p.m.

\***July 27 - Rec League Clinic** - 6:00-8:00 p.m.

\***Varsity and JV Equipment Handout** - July 29 – 1:00-5:00 p.m. - Field House - \$40 for pride pack

\***Parents' Meeting** - July 31 - JF Gym – 5:00 p.m.

\***August 1 - First Day of Practice, 2-A-Days - "PRIDE WEEK"** 1<sup>st</sup> week 3:00-9:00p.m.-2<sup>nd</sup> and 3<sup>rd</sup> weeks 3:00-7:00 p.m.

\***Intra-squad-** August 6 – 5:00 p.m. - **Meet the Team Night / Cookout**

\***August 12 - Scrimmage at Rockbridge County** – 7:00 p.m.

\***August 13 - Gold Card Blitz / Field Clean Up** – 10:00 a.m.-1:00 p.m.

\***August 18 - JV at Lord Botetourt** - 6:30 p.m.

\***August 19 - Home Benefit Game vs Lord Botetourt** – 7:00 p.m.

\***August 25 - JV at Halifax**

\***August 26 - Home Game vs Halifax** – 7:00 p.m.

**TEAM  
OVER  
ME**



# JF CHEERLEADING TRYOUTS

**Tryout Clinics: Tuesday - Thursday  
May 31 - June 2**

**Tryout Date: Friday, June 3**

**Do you have what it Takes??**

**Do you have that JF SPIRIT??**

For More Information:

Email Mrs. Shannon Holt at [sholt@bedford.k12.va.us](mailto:sholt@bedford.k12.va.us)

JF Varsity Head Coach



**2011**  
**Jefferson Forest High School**  
**Youth, Middle & High School Cheerleading Camp**

Youth Camp is Hosted by Jefferson Forest 2011-2012 Varsity/JV Football Cheerleaders

**Monday June 13<sup>th</sup> - Friday June 17<sup>th</sup> 2011**  
**9:00AM- 12:00 PM**  
**For Ages 5 years and up**

**Pre-registration by June 7<sup>th</sup> 2011: \$55.00**

**Day of Camp: \$65.00**

Middle and High Cheerleading Camp is Hosted by JF Cheer Staff, College Cheerleaders

**Monday June 13<sup>th</sup> – Friday June 17<sup>th</sup> 2011**  
**3:00 PM- 6:30 PM**  
**6<sup>th</sup>-12<sup>th</sup> Grades**

**Pre-registration by June 7<sup>th</sup> 2011: \$65**

**Day of Camp: \$75**

**Snacks and Water will be provided for both Camps**

**Our Camp Showcase will be Friday June 17<sup>th</sup> @ 7:00**

**Please go to our website to print out the Registration Form**

**Please mail or drop off Payment and registration form to:**

Jefferson Forest High School  
1 Cavalier Drive  
Forest, VA 24551  
Attention: Shannon Holt: JF Head Cheerleading Coach

**[www.leaguelineup.com/jfcheerleading](http://www.leaguelineup.com/jfcheerleading)**

