

## Extracurricular Programs

Jefferson Forest Student Athletes participate in the AA Seminole District of the Virginia High School League.

### Sports

Baseball	Outdoor Track*	Golf*
Basketball *	Soccer*	Indoor Track*
Cross Country*	Swimming*	Wrestling
Football	Tennis*	Cheerleading
Volleyball	Softball	Dance Team

\*Boys and Girls

### Academic Teams

Forensics	Debate	ACE
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### Band and Music

Over 250 members are in the Band Program  
AAAA Band League

We have the largest band in Central and Southwest VA

There are 150 Marching Band members.

The Marching Cavaliers have been Grand Champions of numerous local, state and national competitions.

Concert and Symphonic Band classes are offered.

### Clubs

Over 40 clubs including

SCA	Unity Club	NHS	Key Club
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### Drama

Over 150 actors and technicians are involved each year.

Three major productions are produced each year.

### Yearbook

The school yearbook, *The Sabre*, is produced by journalism students. It has won top awards in State and National competitions.

## School Description

### Jefferson Forest High School

is a comprehensive,  
four-year high school  
that offers college  
preparatory, general and  
special education,  
and career, technical and  
cooperative education courses.  
JF is accredited by the State of  
Virginia having met SOL and  
AYP standards.

*The Washington Post* has  
recognized JF as one of the top  
1600 high schools  
in the nation.

## Jefferson Forest High School



1 Cavalier Circle

Forest, Virginia 24551

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## Accomplishments

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### ACADEMICS

- Top 1600 High Schools according to *Washington Post*
- Fully Accredited based on VA SOL standards 2002 - 2011
- Met AYP (Adequate Yearly Progress) 2002 - 2011.
- Out of 300 2011 graduates:
  - 194 received advanced diplomas
  - 59% went to a four-year college
  - 17% went to a 2-year college
  - .04% went into the military.
- Wachovia Cup 2002
- Students of all grade levels enter local, state and national writing contests where they consistently win top awards.

### ATHLETICS

#### State Championships

- 1988 Baseball
- 1991, 1992, 1999, 2000 Girls Track & Field
- 1992 and 1993 Football
- 1997 Volleyball
- 2000 Girls Cross Country
- 2001 Girls Indoor Track
- 2003 Competition Cheerleading
- 2003 Misha Harvey Women's Golf
- 2005 Indoor/Outdoor Boys 2 Mile Relay
- 2011 Boys' Soccer

JF Sports consistently win District Titles and play in postseason competitions. Since 1993 Cross Country boys and girls have won more than 46 Seminole District or Region III titles. Golf has won the District Title for the past 13 seasons. JF coaches have been recognized with the District and on Regional and National levels for their contributions to high school athletics.

### BAND

Numerous Grand Champion awards locally and state-wide. 2001, 2006, 2012 in the Board Mayor's New Year's Day Parade in London, England.

## Dual Enrollment Courses offered through Central Virginia Community College

- College English Composition I & II
- College Pre Calculus

Teachers for Tomorrow is offered at Lynchburg College.

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## Dual Enrollment Courses on BSTC Campus

- Automotive Body Repair I & II
  - Automotive Technology I & II
  - Carpentry III
  - Computer Networking
  - Computer Repair
  - Early Childhood Education I
  - Electricity & Cabling I & II
  - EMT
  - Building Construction I
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Faculty and Staff: 143  
Enrollment: 1,350

## Advanced Academic Opportunities

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### Advanced Placement Course Offerings

- Biology
  - Calculus
  - Chemistry
  - English 11-Language
  - English Literature
  - Environmental Science
  - European History
  - Physics
  - French
  - Government
  - Music Theory
  - Spanish
  - Statistics
  - U.S. History
  - Psychology
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### A.P. 2011 Testing

- 274 Students enrolled in A.P. Classes
  - 271 Students tested
  - 54.5% of students scored a 3 or higher
  - 510 tests were administered
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In 2010 - 2011 Jefferson Forest had

- 40 students qualify as AP Scholars
- 17 students qualify as AP Scholars with Honors
- 16 Scholars of Distinction.

### 2011 Mean SAT Scores of College Bound Seniors

Math	Reading	Writing
526 JFHS	521 JFHS	505 JFHS

- 2 2011 seniors received the Jefferson Scholar award from UVA. This was the first time that both Jefferson Scholars were from the same high school.